

Restrictive practices.

These things are **not OK.**

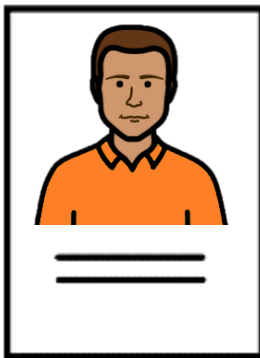
Fact sheet 6.



This fact sheet is part of

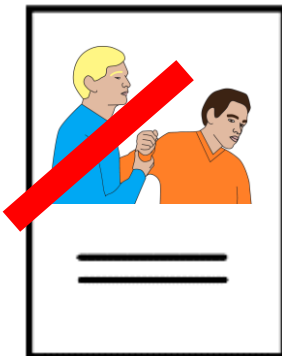
A law may change. We want to hear from you.

There are 6 fact sheets. This is fact sheet 6.



The law may change.

There may be new rules for your BSP.



The new rules may say

staff can **not** do some things.

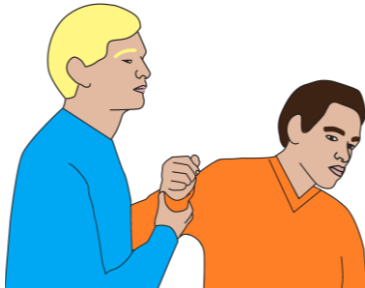
These things can **not** be in your BSP.



Lots of people with disability told their story.

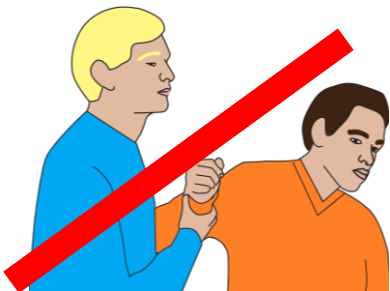
It was at the Disability Royal Commission.

We call it the DRC.



People said staff did these things.

They said it was bad. They got hurt.



We do **not** want any person to get hurt.



The DRC said there are 2 sorts of bad things.

They say these things are **not** OK.

They do **not** want staff to do these things.



The DRC says staff

- can **not** hold you in ways that hurt you

or



- can **not** try to make you feel bad.



We want to know what you think.

Do you agree? Do you want the rules to say

staff can **not** do these things?



Staff hold you down.

You may get hurt.



Staff may need to hold you some times.

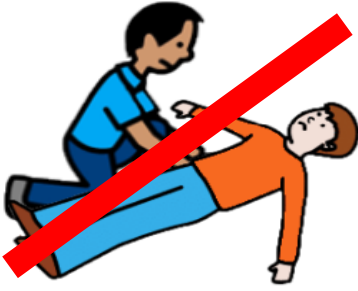
It is to keep you safe. Like you may have a fit.

Staff lie you on your side.



This may be ok.

But



The DRC says it is **not** OK to hold you down

- on your back
- on your tummy.



They say it is **not** OK to hold you down

- by your arms
- by your legs.



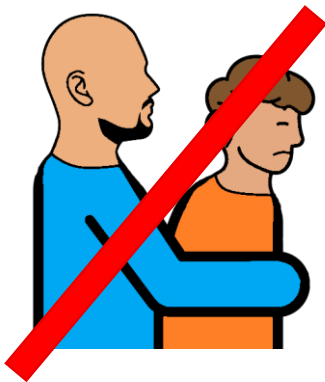
They say it is **not** OK to pull your hands back.

Your arms cross over your chest.



The DRC says it is **not** OK to

- push you over
- pull you down
- make you fall down.



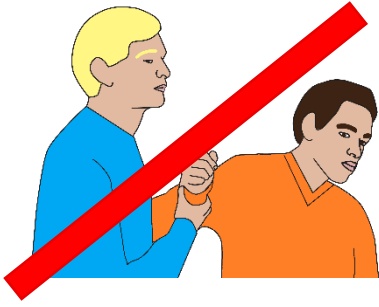
They say it is **not** OK to hold you very tight. Like

- you can **not** breathe
- you feel sick.



They say it is **not** OK to push your head down.

Your chin is on your chest.



The DRC says staff can **not** hurt you. Like they

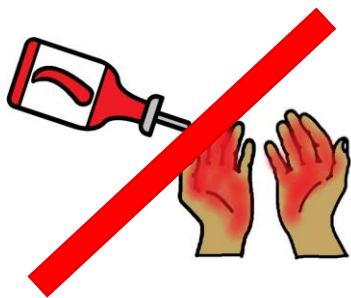
- can **not** pull your arm
- can **not** bend your finger
- can **not** sit on you.



Staff try to make you feel bad.

These things do **not** help you stay safe.

Staff may do this to punish you.



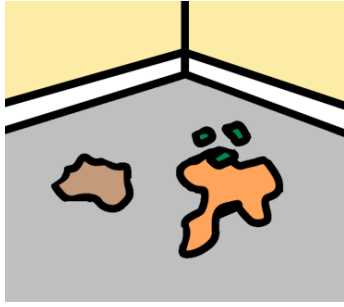
The DRC says it is **not** OK to make your body feel bad. Like

- put chilli on your hands
- make you take a cold bath.



They say it is **not** OK to hurt your feelings. Like

- laugh at you
- swear at you
- shout at you
- call you names.



You drop food on the floor. You make a mess.



Staff may ask you to clean your mess.

It is the mess **you** made. This is OK.

But



The DRC says staff can **not** punish you.

It is **not** OK to make you do more.

Like staff can **not** make you clean all the house.



You **must** have the things you need. Like

- water
- food
- toilet paper
- soap.



The DRC say staff can **not** take these things away. It is **not** OK.



You want to see people. Like

- your mum
- your friends.

The DRC says you **must** be able to see them.



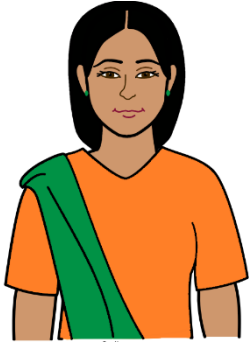
It is **not** OK to stop you.



You may be

- Aboriginal
- Torres Strait Islander.





Your family may come from a different country.
Like India.



You do special things. It may be

- you meet with elders
- you go to church.

Or



You go to a dance group.

You learn a dance. It is from your country.

The DRC say you **must** be able to
do these things.



It is **not** OK to stop you.



You may speak a different language.

Like Hindi.

You need a person to speak your language.

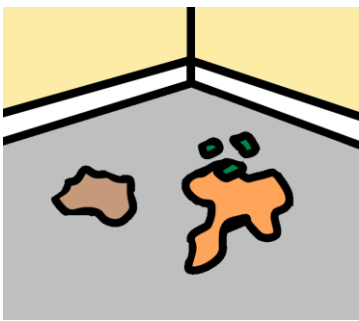
The DRC say you must have this person.



It is **not** OK to stop you.



You like to do things. Like go to the park.



You may

- make a mess
- hit your self.



Staff say you can **not** go to the park.

This is **not** to help you stay safe.



This is to punish you.

The DRC says this is **not** OK.