

5 inclusive language and communication tips

- Language matters: Recognise the impact of language on identity and dignity. Use respectful language when speaking to or about people with disability.
- Ask for preferences: Ask people what language they would like you to use.
- Stay informed and connected: Keep up to date with changes in language and terminology. Engage with disability communities to understand their preferences and perspectives.
- Avoid indirect language: Use clear, strengths-based language. Do not use vague terms (e.g. 'differently abled').
- **Provide information in different formats:** People access information in many ways offer alternative formats so more people can be included.



